

3rd Annual **CUMBERLAND CAVERNS 5K** and One Mile Fun-Run



In Support of:



Saturday, September 10, 2011 – 8:00am

RACE INFORMATION

- Deadline for pre-registration is Monday, Sept 5th. Race entries will also be accepted on Saturday, September 10th at the race check-in at the gift shop at Cumberland Caverns, 1437 Cumberland Caverns Road.
- The entry fee is \$25.00 for 5K and 1 Mile.
- All pre-registered participants must check-in at 7:30 a.m. All other participants must register at 7:00 a.m.
- The race begins promptly at 8:00 a.m., rain or shine, in front of the picnic area at Cumberland Caverns.
- T-Shirts will be given to all participants on the day of the race along with one free ticket for a cave tour. Awards will be given to the male and female individuals with the overall best times in the 5K Run and 1 Mile Fun-Run, with age group splits for the 5K.

Cumberland Caverns 5K & 1 Mile REGISTRATION

Name _____ Gender _____

Telephone (_____) _____ T-Shirt Size _____

Address _____

E-mail _____

5K Run _____ or One-mile Fun Run (walk/run) _____

For more information: E-mail TeddyJ@CumberlandCaverns.com or phone (931) 668-4396

Return registration to: Cumberland Caverns 5K,
1437 Cumberland Caverns Road, McMinnville, TN 37110

Or Fax to: 931-668-5382

Registration Forms may also be obtained at: www.cumberlandcaverns.com/5k

RELEASE FORM MUST BE SIGNED AND DATED

“In consideration of the acceptance of my entry, I, for myself, my heirs, my executors, administrators and assignees, do hereby release and discharge all sponsors and officials for all claims of damages, demands, actions whatsoever in any manner arising or growing out of my participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in this event.”

Signature of Participant
(if participant is under 18, signature of parent/guardian)

Date